Clinical Impact Survey Results

In a recent survey, Vivante Health studied the impact of GiThrive® on its members. The data collected affirms what we already knew to be true—when gut health is prioritized and optimally managed, better outcomes are imminent for all.

### TOP STATS

<table>
<thead>
<tr>
<th>93%</th>
<th>92%</th>
<th>The top five symptoms improved for members include bloating, constipation, gas, abdominal pain, and diarrhea.</th>
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</thead>
<tbody>
<tr>
<td>of GiThrive members reported improvements in their quality of life.</td>
<td>of GiThrive members reported improvements in their symptoms, including bloating, constipation, gas, abdominal pain, diarrhea, stress, and fatigue.</td>
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### Physical Improvements Reported By Members

- 77% of members reported an improvement in their physical health.

  With the help of the Vivante Health Care Team, 63% of members were able to identify their triggers to help with long term improvement of their gut health.

  The program helped improve 22 different symptoms for members.

### Mental Wellbeing Improvements Reported by Members

- Members reported improvements in sleep, focus, and emotional well-being.

  When it comes to mental health, some members experienced a lessening of anxiety, stress, depression, and fatigue.