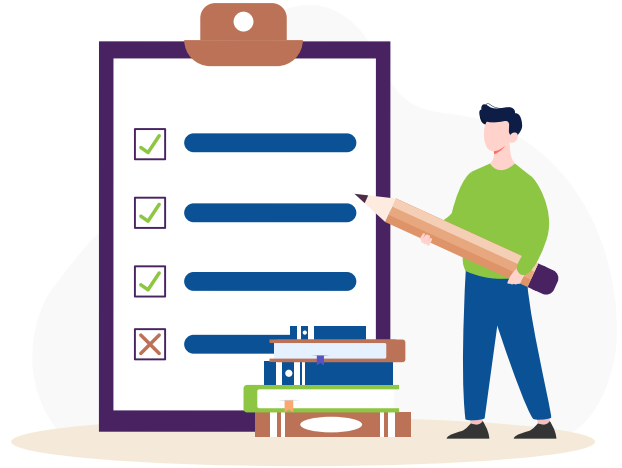


Clinical Impact Survey Results

In a recent survey, Vivante Health studied the impact of **GIThrive**[®] on its members. The data collected affirms what we already knew to be true—when gut health is prioritized and optimally managed, better outcomes are imminent for all.



TOP STATS

93%

of GIThrive members **reported improvements in their quality of life.**

92%

of GIThrive members **reported improvements in their symptoms,** including bloating, constipation, gas, abdominal pain, diarrhea, stress, and fatigue.



The **top five symptoms improved** for members include bloating, constipation, gas, abdominal pain, and diarrhea.

Physical Improvements Reported By Members



77% of members reported an improvement in their physical health.



With the help of the Vivante Health Care Team, **63%** of members were able to **identify their triggers** to help with long term improvement of their gut health.



The program **helped improve** 22 different symptoms for members.

Mental Wellbeing Improvements Reported by Members



Members reported **improvements** in sleep, focus, and emotional well-being.



When it comes to mental health, some members experienced a **lessening of anxiety, stress, depression, and fatigue.**