What People Say About GIThrive

Vivante Health is laser-focused on empowering people with GI disorders to spend less time feeling sick, and more time enjoying life. GIThrive, our all-in-one digital program, is dedicated to helping the 70M1 people who live with painful and debilitating GI problems everyday.

For employees, our personalized, one-on-one support helps guide members toward healthier daily living and fewer costly flare-ups. And for employers, we provide measurable savings on medical and prescription drug claims.

I've had a fantastic experience. Thank you for doing what you're doing. I wouldn't have reached out to get this kind of help without my employer paying for it because it would be too expensive. I have severe GI issues and I'm so happy to have this opportunity.

— **GIThrive User**

With advice and support from my [GIThrive] team, I'm learning about my condition, my trigger foods and how to minimize flare-ups. I'm so grateful for the help and support. The truth was I needed some help, like a personal coach, to find the right care for me and my condition. I found this in Vivante; my GIThrive health coach found the resources I needed, took care of the things that were stressing me out, and put me on an eating program that has made an incredible difference in my life.

— **GIThrive User**

My assigned dietitian has consistently gone above and beyond. She constantly reaches out to me, especially when I report an issue with the daily check-in...Then I spoke to [my health coach] and she put my mind and very upset stomach at ease. I could not believe how we practiced ways to relax my mind and body. I could feel my gut relax and for the first time in weeks, I was pain-free.

— **GIThrive User**

Implementation has really been a pleasure. Our CSM is very professional and always prepared ahead of schedule. He took care of all the details and did all the work. All we really had to do was show up for the calls.

— **Mary McPartland**
Operations Manager, Reta Trust, Gallagher Benefit Services of California Insurance Services

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