

LIVING WITH DIGESTIVE DISEASE

Imagine struggling with a disease that no one, including you, wants to talk about. What's more, imagine looking completely normal on the outside while inside you're in misery. Digestive symptoms can range from a little gas and bloating to severe diarrhea for days on end. These symptoms can make going to work or school, attending a party, or just having coffee with a friend a real challenge.

The emotional symptoms are equally draining. Every day seems the same with no end in sight. Chronic pain and suffering can lead to depression and anxiety.

FIRSTHAND ACCOUNTS

“If my condition continues to get worse, I won't be able to go to work anymore. I'm afraid, I'm nervous and scared. I'm at a loss.”

“Just a few bites won't hurt, you can try this.'...but they don't have to deal with the after effects when I'm doubled over in pain and stuck in my house again.”

“I might look as though I feel fine some days, but I have Crohn's, so I'm always dealing with it. My doctor just doesn't seem to be able to help me or plan in any way.”

WHY THESE DISEASES ARE SO HARD TO MANAGE

Problem: Hiding the truth from friends, family and colleagues

Digestive diseases are chronic, invisible, and often stigmatized. Symptoms can be embarrassing. Flares come with little or no warning. Missing work or school or under performing when present can be direct results of unmanaged digestive disease.

Vivante Solution: 24/7 On-demand support tailored to the user

From the very first contact with Vivante, users feel supported. We understand the sensitive nature of digestive symptoms and tailor our approach to meet the needs of each individual user.

Problem: Digestive health is confusing. What is the right treatment plan?

Medications may be prescribed, but are they safe? Are they effective? What about side effects? Is diet the answer?

Vivante Solution: GITHrive®

Administrative issues, appointments, prescriptions, medication regimens, life and work balance, nutrition... GITHrive covers it all. And we do it in a way that is personalized, engaging and even fun for the user.

Problem: Am I even seeing the right providers? Different specialists have different approaches. Finding the right doctor with the experience and specialization for specific symptoms can be tricky. Overlapping conditions often require different treatment protocols. **Vivante Solution: Care Team with a dedicated Health Sherpa®**

Sherpa means guide. When the user is ready, a Vivante Health Sherpa is available to lead them through the program and handle everything from coordination of care to medical questions and even insurance and administrative drama.

